

Wyoming Unemployment Rate Falls to 3.4% in May 2026

The Research & Planning section of the Wyoming Department of Workforce Services reported today that the state's seasonally adjusted unemployment rate fell slightly from 3.5% in April to 3.4% in May. Wyoming's unemployment rate remains much lower than the current U.S. rate of 4.3%.

Most county unemployment rates followed their normal seasonal pattern and fell from April to May. Unemployment rates usually decrease in May as the warmer days of late spring bring seasonal job gains in leisure & hospitality, government, construction, professional & business services, and retail trade. The largest unemployment rate decreases occurred in Teton (down from 4.1% to 2.6%), Niobrara (down from 4.6% to 3.6%), Park (down from 3.4% to 2.7%), and Sublette (down from 3.5% to 2.9%) counties.

From May 2025 to May 2026, jobless rates fell in nearly every county. The largest decreases were seen in Weston (down from 3.2% to 2.5%), Uinta (down from 3.4% to 2.7%), Sheridan (down from 3.1% to 2.5%), and Carbon (down from 3.4% to 2.8%) counties. Unemployment rates remained unchanged from their year-ago levels in Niobrara (3.6%) and Sweetwater (3.5%) counties.

In May, the highest unemployment rates were found in Niobrara County at 3.6%, Sweetwater County at 3.5%, and Big Horn County at 3.4%. The lowest rates were reported in Crook and Albany counties, both at 2.3%, and Johnson County at 2.4%.

Current Employment Statistics (CES) estimates show that total nonfarm employment in Wyoming (not seasonally adjusted and measured by place of work) rose from 296,600 in May 2025 to 297,700 in May 2026, an increase of 1,100 jobs (0.4%).

June unemployment data will be published on July 22, 2026.

Civilian Labor Force, Employment, and Unemployment--by place of residence

County	Labor Force			Employment			Unemployed Number			Unemployment Rate		
	May 2026 (p)	Apr 2026 (r)	May 2025 (b)	May 2026 (p)	Apr 2026 (r)	May 2025 (b)	May 2026 (p)	Apr 2026 (r)	May 2025 (b)	May 2026 (p)	Apr 2026 (r)	May 2025 (b)
Albany	22,526	22,573	22,052	22,014	22,016	21,467	512	557	585	2.3	2.5	2.7
Big Horn	4,998	5,015	5,110	4,828	4,818	4,921	170	197	189	3.4	3.9	3.7
Campbell	23,236	23,550	23,557	22,640	22,882	22,854	596	668	703	2.6	2.8	3.0
Carbon	6,015	5,870	6,193	5,846	5,669	5,985	169	201	208	2.8	3.4	3.4
Converse	6,518	6,584	6,562	6,349	6,401	6,367	169	183	195	2.6	2.8	3.0
Crook	3,803	3,721	4,027	3,715	3,627	3,928	88	94	99	2.3	2.5	2.5
Fremont	16,798	16,918	17,274	16,250	16,258	16,661	548	660	613	3.3	3.9	3.5
Goshen	5,208	5,268	5,467	5,069	5,124	5,294	139	144	173	2.7	2.7	3.2
Hot Springs	2,146	2,147	2,270	2,089	2,086	2,198	57	61	72	2.7	2.8	3.2
Johnson	4,209	4,122	4,405	4,107	4,012	4,293	102	110	112	2.4	2.7	2.5
Laramie	47,436	48,174	47,974	46,109	46,731	46,474	1,327	1,443	1,500	2.8	3.0	3.1
Lincoln	10,437	10,348	10,557	10,178	10,042	10,268	259	306	289	2.5	3.0	2.7
Natrona	40,309	41,024	40,613	39,220	39,807	39,343	1,089	1,217	1,270	2.7	3.0	3.1
Niobrara	809	809	884	780	772	852	29	37	32	3.6	4.6	3.6
Park	14,378	13,596	14,432	13,986	13,135	13,972	392	461	460	2.7	3.4	3.2
Platte	3,472	3,464	3,606	3,358	3,343	3,475	114	121	131	3.3	3.5	3.6
Sheridan	15,792	15,910	15,702	15,395	15,465	15,214	397	445	488	2.5	2.8	3.1
Sublette	4,160	4,072	4,305	4,039	3,931	4,176	121	141	129	2.9	3.5	3.0
Sweetwater	19,304	19,716	19,367	18,637	18,969	18,697	667	747	670	3.5	3.8	3.5
Teton	15,279	15,201	15,987	14,886	14,583	15,531	393	618	456	2.6	4.1	2.9
Uinta	9,823	9,872	10,089	9,555	9,565	9,749	268	307	340	2.7	3.1	3.4
Washakie	3,725	3,755	3,834	3,616	3,635	3,713	109	120	121	2.9	3.2	3.2
Weston	3,015	3,022	3,110	2,939	2,944	3,011	76	78	99	2.5	2.6	3.2
Statewide	283,393	284,729	287,379	275,605	275,813	278,444	7,788	8,916	8,935	2.7	3.1	3.1
Statewide Seasonally Adjusted.....										3.4	3.5	3.2
U.S.....										4.1	4.0	4.0
U.S. Seasonally Adjusted.....										4.3	4.3	4.3

(p) Preliminary, (r) Revised, (b) Benchmarked.

Data are not seasonally adjusted except where otherwise specified.

Labor Force = Employment + Unemployed Number

Unemployment Rate = Unemployed Number/Labor Force

Wyoming Seasonally Adjusted Statewide Labor Force Estimates				Change			
				Month		Year	
	May-26	April-26	May-25	absolute	percent	absolute	percent
Total Civilian Labor Force	286,969	287,625	288,794	-656	-0.2%	-1,825	-0.6%
Employed	277,324	277,565	279,517	-241	-0.1%	-2,193	-0.8%
Unemployed	9,645	10,060	9,277	-415	-4.1%	368	4.0%
Unemployment Rate	3.4	3.5	3.2				
Definitions:							
Employed	All persons who, during the reference week, did any work at all as paid employees, worked in their own business, profession, or on their own farm, or worked 15 hours or more as unpaid workers in a family business.						
Unemployed	All persons who had no employment during the reference week, were available for work, and had made specific efforts to find employment sometime during the 4-week period ending with the reference week.						
Labor Force	All persons who meet the criteria given above as either employed or unemployed.						
Unemployment Rate	The number of unemployed as a percent of the labor force.						
Seasonal Adjustment	A statistical procedure to remove the impact of normal regularly recurring events (such as weather, major holidays, and the opening and closing of schools) from economic time series to better understand changes in economic conditions from month to month.						

**Wyoming Department of Workforce Services
Research & Planning**

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Internet Address: <https://doe.state.wy.us/LMI/news.htm>

Access R&P's monthly publication on Wyoming's labor market at <https://doe.state.wy.us/LMI/trends.htm>

Contacts:

David Bullard, Senior Economist
Carola Cowan, BLS Programs Supervisor

david.bullard@wyo.gov
carola.cowan@wyo.gov

307-473-3810
307-473-3804

Wyoming Department of Workforce Services
Research & Planning
PO Box 2760
Casper WY 82602-2760